



UPSIDE

RESTAURANT & CAFÉ

A Brand of Mopheth

Every Cup, Every Plate -
A Pleasure Refined.

RESTAURANT Menu



OUR SALES LINE:
0911 - 464 - 6767

Starter

Prawns spring roll ----- ₦4,000

Prawns, spring onion, ginger paste, garlic, soy sauce, sesame oil, cornflour, white pepper, spring roll wrapper, and mayonnaise.

Chicken lemon salad ----- ₦10,000

Chicken breast, lemon juice, olive oil, dijon mustard, mixed greens, cherry tomatoes, feta cheese, and fresh parsley.

Cocktail prawns ----- ₦12,500

Prawns, mayonnaise, ketchup, worcestershire sauce, cayenne pepper, lettuce, lemon wedges, and parsley.

Spicy Chicken wings ----- ₦10,000

Chicken wings, hot sauce, garlic powder, paprika, and blue cheese.

Barbeque chicken wings ----- ₦10,000

Chicken wings, BBQ sauce, olive oil, smoked paprika, garlic powder, onion powder, and pepper.

Classic Crispy chicken wings ----- ₦10,000

Chicken wings, cornflakes, paprika, garlic powder, onion powder, and black pepper.

Butterfly Prawns ----- ₦12,500

Prawns, lemon juice, butter, and fresh parsley.

Crispy Calamari ----- ₦9,200

Squid rings, flour, cornstarch, buttermilk, lemon wedges, garlic powder, and paprika.

Gizdodo ----- ₦10,000

Plantain, gizzards, onion, garlic, ginger paste, and scotch bonnet pepper.

Asun dodo ----- ₦10,000

Plantain, goat, chicken or beef, onion, garlic, ginger paste, and scotch bonnet pepper.

Catfish pepper soup ----- ₦20,000

Catfish, scotch bonnet pepper, onion, garlic, ginger, ground uziza seeds, and fresh parsley.

Chicken pepper soup ----- ₦10,000

Chicken, scotch bonnet pepper, onion, garlic, ginger, ground uziza seeds, and fresh parsley.

Goat meat pepper soup ----- ₦10,000

Goat meat, scotch bonnet pepper, onion, garlic, ginger, ground uziza seeds, and fresh parsley.



Sandwich

Classic Grilled Cheese Sandwich | ₦12,500

Bread, cheddar or mozzarella cheese, and butter.

Veg Club Sandwich | ₦10,000

Bread, lettuce, tomato, cucumber, onion, and mayonnaise.

Chicken Mayo Sandwich | ₦14,500

Shredded chicken, mayonnaise, and bread.

Egg Salad Sandwich | ₦12,500

Boiled egg, mayonnaise, mustard, and bread.

Tuna Sandwich | ₦13,200

Tuna, mayo, onion, lemon juice, and bread.

Peanut Butter and Jelly Sandwich | ₦12,200

Peanut butter, jam/jelly, and bread.

Paneer Tikka Sandwich | ₦13,200

Grilled paneer, chutney or mayo, onion, capsicum, and bread.

BLT Sandwich | ₦10,200

Bacon, lettuce, tomato, mayo, and toasted bread.

Avocado Sandwich | ₦10,800

Avocado, lime juice, bread, tomato, and lettuce.

Chicken Grilled Sandwich | ₦15,000

Chicken breast, olive oil, garlic powder, paprika, bread (ciabatta or baguette), lettuce, tomato, and mayonnaise.

Breakfast

Classic English Breakfast ----- ₦15,500

Bacon, sausages, eggs (scrambled or sunny side up), toast, mushroom, tomatoes, hash browns, and baked beans.

Classic American breakfast ----- ₦17,200

Bacon, eggs (scrambled or fried), hash browns, and toasted bread.

French Breakfast ----- ₦18,500

Croissant, cafe au lait, baguette, butter, jam, and yogurt or fresh fruit.

Fruit waffles or pancakes ----- ₦12,500

Waffles or pancakes, vanilla extract, ice cream, fresh fruit (blueberries, strawberry), and maple syrup or honey.

Breakfast pancakes ----- ₦14,500

Pancakes, prawns cocktail, butter, sunny side up eggs, and fresh juice.



Burger

Beef Burger ----- ₦13,350

Blue cheese, bacon, grilled beef, caramelized onions, arugula, and garlic mayo.

Southern-Style Coleslaw Burger --- ₦14,000

Potato bun, southern style coleslaw, grilled beef patty, bbq sauce, and fried tomato.

Crispy Burger ----- ₦15,200

Brioche bun, crispy onion rings, beef patty, bbq sauce, and garlic mayo.

Classic Mopheth Burger ----- ₦15,200

Toasted bun, sunny side up egg, bacon, double cheddar cheese, double grilled beef patty, tomato, and lettuce.

Jalapeno Burger ----- ₦15,200

Brioche bun, cheddar cheese, tomato, pickled jalapeno, jack cheese, grilled beef patty, iceberg lettuce, chipotle mayo, and red onion rings.

Dill Pickles Burger ----- ₦12,500

Toasted bun, lettuce, bacon, sharp cheddar, burger sauce, red onion, dill pickles, and double grilled beef patty.

Pasta

Spaghetti Alla Pomodoro ----- ₦18,500

Spaghetti, fresh tomatoes, parmesan cheese, fresh basil, garlic, and olive oil.

Fettuccine Alfredo Pasta ----- ₦18,500

Fettuccine, butter, parmesan cheese, and chicken or mushroom with garlic bread.

Spaghetti Carbonara ----- ₦15,200

Fettuccine, parmesan cheese, pancetta, bacon, cream, and garlic bread.

Penne Allarrabbiata ----- ₦18,200

Penne pasta, tomatoes, garlic, chili, olive oil, parsley, and garlic bread with chicken or beef.

Spaghetti Bolognese ----- ₦18,300

Ground beef, tomatoes, onion, carrot, celery, red wine, and spaghetti with garlic bread.

Seafood Pasta ----- ₦21,000

Linguine, sea scallops, calamari, shrimp, mussels, and garlic bread with cream or tomato base.

Grilled & Steaks

Lemon Butter Salmon ----- ₦25,500
Salmon, lemon juice, butter, garlic, and parsley.

Garlic Honey Glazed Salmon ----- ₦27,300
Salmon, honey, soy sauce, garlic, and olive oil.

Herb-Crusted Baked Salmon ----- ₦27,800
Salmon, dill, parsley, breadcrumbs, lemon zest, mustard, and olive oil.

Teriyaki Salmon ----- ₦27,900
Salmon, soy sauce, mirin, sake, ginger, sesame seeds, and green onions with white rice or sautéed potato.

Salmon Nicoise ----- ₦26,950
Salmon, boiled eggs, green beans, olives, potatoes, and dijon dressing.

Creamy Tuscan Salmon ----- ₦27,500
Salmon, spinach, sun-dried tomatoes, cream, garlic, and parmesan with pasta, mashed potatoes, or rice.

Salmon Rice Bowl ----- ₦20,700
Salmon, soy sauce, sesame oil, avocado, rice, nori, and sriracha mayo.

Ribeye Steak ----- ₦32,500
Ribeye steak, garlic, fresh thyme or rosemary, with vegetables or mashed potato and mushroom soup or gravy.

Chicken Steak ----- ₦18,200
Chicken breast, lemon juice, garlic powder, paprika, olive oil, soy sauce, and butter with white rice, mashed potato, or steamed veg.

Lamb Chops ----- ₦35,000
Lamb chops, olive oil, garlic, rosemary, thyme, and lemon juice with steamed veg, rice, or mashed potato.

T-Bone Steak ----- ₦28,200
T-bone steak, avocado or canola oil, butter, garlic, and rosemary or thyme with green vegetables or sautéed potato.

Lamb Rack Steak ----- ₦38,000
Rack of lamb, olive oil, garlic, rosemary, thyme, dijon mustard, and paprika with asparagus or potato wedges.

Seafood Grilling ----- ₦46,000
Fish fillets, prawns, lobster tails, calamari, scallops, and crab with rice, mashed potato, or fries.



Grilled Fish

Grilled Tilapia Fish ----- ₦21,500
Tilapia served with roasted potato or roasted plantain and salad.

Grilled Croaker Fish ----- ₦35,200
Croaker fish served with steamed rice or french fries.

Grilled Catfish ----- ₦22,000
Catfish served with french fries, sweet potato, and salad

Platters

Mopheth Platter ----- ₦30,600
Mini sliders, tacos, chicken lollipops, lamb cutlets, beef ribs, tiger prawns, fish fillet, and asun with yam fries, rice, or plantain.

Tacos Platter ----- ₦20,000
Shrimp, beef, fish, chicken, and ram suya with french fries or sweet potato fries.

Burger Platter ----- ₦31,500
Chicken burger, beef burger, Cheetos burger, and breakfast burger with potato wedges, sweet potato, or yam fries.

Seafood Platter ----- ₦46,000
King prawns, lobster tails, scallops, calamari, fish fillet, and mussels with asparagus, mashed potato, or rice.

Upside House Platter ----- ₦39,800
Chicken kebab, turkey wings, chicken wings, beef kebab, gizzard, snail, and trio burger with rice, yam fries, plantain, or sweet potato.



Cookies

Chocolate Chip Walnut Cookie ----- ₦4,000
Butter, sugar, eggs, flour, chocolate chips, and walnut.

Two Chip Chocolate Chip Cookie ---- ₦4,500
Butter, sugar, eggs, vanilla, flour, semi-sweet and dark chocolate chips.

Dark Chocolate Chip Cookie ----- ₦4,000
Butter, sugar, eggs, vanilla, flour, and dark chocolate chips.

Dark Chocolate Peanut Butter Chip Cookie ----- ₦6,500
Butter, sugar, eggs, vanilla, flour, dark chocolate chips, and peanut butter chips.

Oatmeal Raisin Cookie ----- ₦3,500
Butter, sugar, eggs, vanilla, flour, oats, raisins, and cinnamon.

Caramel Coconut Chocolate Chip Cookie - ₦5,000
Butter, sugar, egg, vanilla, flour, chocolate chips, caramel chips, and coconut.

Vegan and Gluten Free Chocolate Chip Walnut Cookie ----- ₦4,000
Vegan butter, coconut sugar, flax eggs, gluten-free flour, vegan chocolate chips, and walnut.

Drop Cookies ----- ₦800
Butter, sugar, egg, vanilla, flour, and nuts or dried fruit.

Sandwich Cookie ----- ₦3,000
Egg, vanilla, butter, sugar, flour, baking powder, and milk.

No-Bake Cookie ----- ₦1,000
Sugar, cocoa powder, butter, milk, vanilla, oats, and peanut butter.

Almond Biscotti Cookie ----- ₦4,000
Flour, sugar, eggs, vanilla, and almonds.

Pizza

Pepperoni Pizza ----- ₦12,500
Flour, yeast, tomato sauce, mozzarella cheese, pepperoni, and oregano.

Veg Pizza ----- ₦10,000
Flour, yeast, tomato sauce, onions, capsicum, mushroom, olives, sweet corn, and herbs.

Cheese Pizza ----- ₦10,000
Flour, yeast, tomato sauce, mozzarella cheese, and oregano.

BBQ Chicken Pizza ----- ₦14,000
Flour, yeast, bbq sauce, cooked chicken, mozzarella cheese, onion, and bell pepper.

Mushroom Pizza ----- ₦95,000
Flour, yeast, tomato sauce, mozzarella cheese, onion, bell pepper, and oregano.

Meat Lover Pizza ----- ₦15,000
Flour, yeast, tomato sauce, mozzarella cheese, sausage, ham, and bacon.

